

**THE MIGHTY MASSER'S RELAY FOR LIFE
5K RUN / WALK RACE**

All Proceeds Benefit American Cancer Society

SATURDAY, MAY 30TH, 2009

Shamokin Area High School Campus
Coal Township, PA

Registration: 8:30 am / Run / Walk: 9:30 am (Rain or Shine)

Prizes to the First Place Overall Male & Female Finishers
Medals to the top three M/F winners in each age group

THE RACE

Start Time: 9:30 am

Course: Flat to moderately hilly 5K (3.1 miles)
Mostly asphalt

Water: At 1st & 2nd mile posts & finish

Finish: Refreshments (fruit & drinks) provided

Age Groups:

14 & under	15 - 19
20 - 24	25 - 29
30 - 34	35 - 39
40 - 44	45 - 49
50 - 54	55 & over

For information, contact: Joe Alexander @ (570) 644-1499 or Chris Lapotsky @ (570) 274-1039

The Mighty Masser's Relay for Life 5K Run / Walk Race Entry Form

Detach application and mail along with entry fee to:

Mighty Masser Relay for Life 5K
c/o Joe Alexander
1425 West Pine Street
Coal Township, PA 17866

NAME: _____

ADDRESS: _____

CITY: _____

STATE: _____ ZIP: _____

PHONE: _____

E-MAIL: _____

DATE OF BIRTH: _____ SEX: _____

AGE ON RACE DAY: _____

Fee: \$10.00 students, \$15.00 adults

Make checks payable to:
"American Cancer Society"

Additional donations are also welcome.

WAIVER

I waive all claims for myself or assignee against the American Cancer Society, Shamokin Area School District, and the Mighty Masser's Relay for Life Team or any associates or organizers of this event and hold them harmless for any and all injuries or illnesses resulting from this event. I am fit and trained for running this event. I also give my permission for my name and/or picture in any broadcast, telecast, or other account of this race.

Signature of participant or parent / guardian of participants under the age of 18

Signed: _____ **Date:** _____