

August 13, 2009

Hello parents/guardians of future triathletes,

Thanks for registering your child for our 3rd Annual Winans' Triathlon for Kids. We have 150 children racing from MD, NJ, NY, VA and all over PA. We are looking forward to a great race!

If your plans have changed and your child(ren) are not able to participate, please let me know...we have a waiting list.

Following are some important details to help you and your child have an enjoyable and safe event. Please take a few minutes to review this information.

PACKET PICK UP, BODY MARKING and MANDATORY RACE MEETING

Please plan to pick up your child's race number on Friday from 5:00 to 5:45 pm at the park picnic tables near the tennis courts. In the event of rain we will move to the pavilion. Race t-shirts are colored coded by age group and must be worn during the bike and run portion of the event. The 7-9ers will wear maroon, 10-12ers will wear green and 13-14ers will wear blue. If you registered your child after Monday, August 11 and are not receiving a t-shirt please have your child wear the appropriate color for their age group. Bib numbers should be attached to the BACK of the t-shirt. After receiving their t-shirt, bib number, and goody bag, your child's arms and legs will be marked with their race number and age. After dropping off their bike, please proceed to the pool area where the timer, [Score-This, Inc!!!](#), will give you the timing chip to be fastened to your child's left ankle.

Group photos will be taken starting at 5:45pm in the pool area. Please report to the pool as soon as you have dropped off your bike.

The MANDATORY race meeting will be held at 6:15pm in the grassy area near the deep end. One parent/guardian and your child **MUST** be present. We would like to start the event as soon as the meeting is over, which may mean before 6:30 pm, so please be on time.

PARKING

You may park in the grassy area located across the street from the pool parking lot or in the Pennsylvania House Parking lot on St. Mary's Street.

TRANSITION AREA (TA)

Our TA will be located in the pool parking lot. Upon arriving at the site and after picking up your packet, you should set up your child's bike in the TA. As mentioned above, your child may dress in the pool area. If your child is comfortable dressing themselves in the TA, then set up all their items next to their bike.

Parents/guardians will NOT be allowed in the TA after the race starts. This is to cut down on congestion in that vicinity.

SWIM COURSE

Please stay with your child(ren) in the grassy areas of the pool area, especially the 7-9 year olds, until their age group and number is called. In an effort to reduce congestion in the pool area, please only move to the concrete area of the pool deck if your child is swimming. If you would like, your child may get dressed in the pool area with your assistance, rather than by themselves in the TA. After your child leaves the pool area, please remove all of their belongings.

Your child will exit the pool area through the concession stand gates. There will be NO running allowed in the pool area. Please advise your child(ren) of this, as they will be very excited and will most likely forget. We will have volunteers at the pool, but are also counting parents/guardians to help us.

PLEASE NOTE: the pool area gets VERY crowded. Please remain in the grassy area near the deep end until it is your child's time to swim. We understand parents, grandparents, etc. want to see their child swim, but please remember to clear the way children as they make their way to the transition area (TA)/pool parking lot. When your child leaves the pool, please exit the pool from the lower gate near the sandbox. Again, we will have volunteers there to assist you.

BIKE COURSE

Bikes will be located in the TA/pool parking lot. After the swim, children will locate their bike, put on their helmet and walk their bike out of the TA and onto 15th Street. We will have volunteers helping the children mount and dismount at that location.

Our bike course is as follows:

From the TA make a LEFT onto 15th St., make a RIGHT onto St. Mary's St, make a LEFT onto Industrial Blvd., make a LEFT onto 15th St., straight to the TA/pool parking lot. (for those of you who participated last year, we reversed direction of the course).

The 7-9ers will do one lap, 10-12 year olds will do two laps, the 13-14 year olds will do three laps around the industrial park. We will have volunteers placing stickers on the children's bibs after the intersection of 15th St. and St. Mary's St. to keep track of the loops. Please advise them that they should slow down at that point.

Our route will be marked and staffed by volunteers to ensure your children will not get lost. We will also have the roads closed to traffic. If your child is very uncomfortable you can run/walk with them, just try to stay out of the way of other bikers.

All children MUST wear a helmet.

We encourage you to personalize your child's bike in some manor i.e. a sticker or their name in marker. There may be more than one of the same bike!

RUN COURSE

The run course will be on the walking path within the park. The finish line is located in the Skate Park parking lot off of 15th St. We will have the route marked and staffed by volunteers. Just as with the bike course, the 7-9 year olds will do one lap, 10-12 year olds will do two laps and the 13-14 will do three. We will again be placing stickers on their bibs to count laps.

You will notice that much of the park is caution taped off. Please try to remain in the grassy areas and off of the triathlon courses. We will have volunteers assisting spectators.

VOLUNTEERS

Most of our volunteers will be wearing red t-shirts. If you need assistance please ask. We are here to help you. Please also thank the volunteers...there wouldn't be a race without them!! They are doing their best to make our triathlon a fun and secure event for you, your child and the community.

PICTURES

Pictures will be posted on the website a few days following the event. Keep checking. You can register now on the [photographers website](#) and they will alert you when they are available.

UN-SPORTSMAN LIKE BEHAVIOR

Inappropriate or un-sportsmanlike behavior will not be tolerated. This includes behavior directed to fellow racers, fans, organizers, or volunteers from parents as well as kids. Dangerous behavior will be cause for immediate ejection from this event. Race director has the right to refuse entry to the next day's adult triathlon as well as for the following year for both the kid's and adult event.

SPECTATORS

Please be prepared for a very large crowd!!! We ask that you do not walk along the courses during the event. Spectators should stay in the grassy areas of the park. When needing to cross the courses we ask that you move quickly so you are not in the way of the participants. We will have walkways for crossing and will have volunteers along the courses to assist you. Thanks for your understanding!!!

PASTA DINNER

As you may know we are planning a post event pizza buffet at LaPrimavera in Lewisburg. Children who participate in the event can eat for free, thanks to the sponsorship of Dr. Michael Dunigan. Additional tickets can be purchased at packet pickup for \$12/adult and \$10/12 & under children.

DIRECTIONS

From Rt.15 S...make a RIGHT onto St. Mary's St. at red light (Peking Garden will be on far right corner). RIGHT onto 15th St.

From Rt. 15 N... make a LEFT onto St. Mary's St. at red light (Peking Garden will be on left corner). LEFT onto 15th St.

MISCELLANEOUS

Don't forget to bring your family. The Lewisburg Community Park is a beautiful place to play, picnic and swim.

That's it for now. Thanks for taking the time to read this. I hope you have a great rest of the week and we look forward to seeing you soon.

Thanks,
Tara Michaels