



RUN ROUTE

- Start from Transition area on St Lawrence Street.
- **Right** onto St Mary Street.
- **Left** onto 15th Street
- **Right** onto Industrial Blvd
- Follow Industrial Blvd to where it intersects with St Mary Street.
- **Left** onto St Mary Street.
- Cross Fairground Road entering parking lot to the duck pond.
- Travel across the metal foot bridge.
- **Right** around the duck pond.
- Follow grass path to the right across a second metal foot bridge (Mile 1).
- Path will become macadam by the Water Station/Red Cross building.
- **Right** onto Farley Circle.
- Cross Reitz Blvd back onto Farley Circle.
- Continue past Haire Ave
- **Left** onto 2nd Haire Ave entrance
- **Right** onto Farley Circle,
- Cross Reitz Blvd back onto Farley Circle
- **Right** to the Water Station/Red Cross building (Mile 2).
- Follow grass path back across both metal foot bridges (**DO NOT GO AROUND DUCK POND AGAIN**).
- Cross Fairground Road onto St Mary Street.
- **Left** onto 11th Street.
- **Left** onto St Paul Street.
- **Left** onto St Lawrence Street (Mile 3).
- Finish line is on the left side of St Lawrence Street in grassy area.